

Kit List - Summer Climbing Courses

- ◇ Suitable under clothing
- ◇ Mid layers (At least one mid weight fleece)
- ◇ Spare fleece/insulated jacket
- ◇ Waterproof jacket
- ◇ Waterproof overtrousers or salopettes
- ◇ Hat

- ◇ Approach boots/shoes (some classic routes have long approach walks)
- ◇ Rucksack (30 Litre+)

- ◇ Mountaineering helmet*
- ◇ Harness*
- ◇ Comfortable rock climbing shoes*
- ◇ Climbing hardware* (Not needed, unless you wish to use your own)

For advice on equipment please get in touch

Optional Extras

- ◇ Chalk and chalk bag
- ◇ Blister kit/ small first aid kit
- ◇ Vacuum Flask
- ◇ Camera
- ◇ Sun glasses
- ◇ Sun cream

*Please ask if you have any questions regarding kit. We are able to supply all technical equipment marked *, please let us know what you need in advance.*