

Kit List – Naranjo de Bulnes, Picos de Europa

- ◇ **Suitable under clothing (fast drying base layer, 3 hour hike to mountain hut in potentially hot weather)**
- ◇ **Mid layers (at least one mid weight fleece/soft shell jacket)**
- ◇ **Spare fleece/insulated Primaloft type jacket (useful for the cool evenings at the mountain hut and for cooler weather on the Naranjo, summit 2529m)**
- ◇ **Mid weight or soft shell type climbing trouser (summer Alpine)**
- ◇ **Waterproof jacket**
- ◇ **Waterproof overtrousers or salopettes**
- ◇ **Hat**
- ◇ **Light gloves (summer Alpine)**

- ◇ **Sun glasses**
- ◇ **Sun cream**

- ◇ **Casual evening clothes**
- ◇ **Personal mountaineering insurance information**
- ◇ **Passport and flight information**

- ◇ **Approach boots/shoes (suitable for the 3 hour hike to the mountain hut)**
- ◇ **Rucksack* (around 40 Litre)**
- ◇ **Sleeping bag (mid weight + as nights at the hut can be cool, mattresses and rugs supplied)**
- ◇ **Water bottle**
- ◇ **Lunch container (box or bag)**

- ◇ **Mountaineering helmet***
- ◇ **Harness***
- ◇ **Comfortable rock climbing shoes***
- ◇ **Belay device and screwgate***

For advice on equipment please get in touch

Optional Extras

- ◇ **Chalk and chalk bag***
- ◇ **Blister kit/ small first aid kit**
- ◇ **Vacuum flask**
- ◇ **Camera**
- ◇ **Walking poles**

- ◇ Light trek towel (basic wash facilities only at mountain hut)
- ◇ Cash for extra evening drinks, coffee etc. (all normal in-country expenses covered, 3 meals per day with a drink etc.)

*Please ask if you have any questions regarding kit. We are able to supply all technical equipment marked *, please let us know what you need in advance of departure.*